



Cedar Chips

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Ms. Blakemore

Pro Libera, Pax, et Knowledge
For Freedom, Peace, and Knowledge

Relax, sit back and read your
eyes away, good luck!

INSIDE:

- *NHL and F1 recaps with **Callahan***
- *A summary of the first 29 years of the Queen's reign by **Patrick***
- *The history of Beanie Babies with **Waffles***
- *Recipes and dog breed education with **Grayson***

I Appreciate You

By Waffles H.

It's easy to lose yourself when life becomes hectic. Our minds might be consumed by thoughts and worries.

Insecurities have a way of eating us alive and picking away at our self-worth until it becomes nonexistent.

I believe all of you are far more valuable than you realize. If you don't think that yourself, I understand. I know how it feels, but I assure you that you are more than good enough.

See yourself from my perspective. You are a wonderful person. There are so many individuals that genuinely adore and appreciate you; you may not even be aware of it. There are so many wonderful, distinctive things about you that no one else can match.

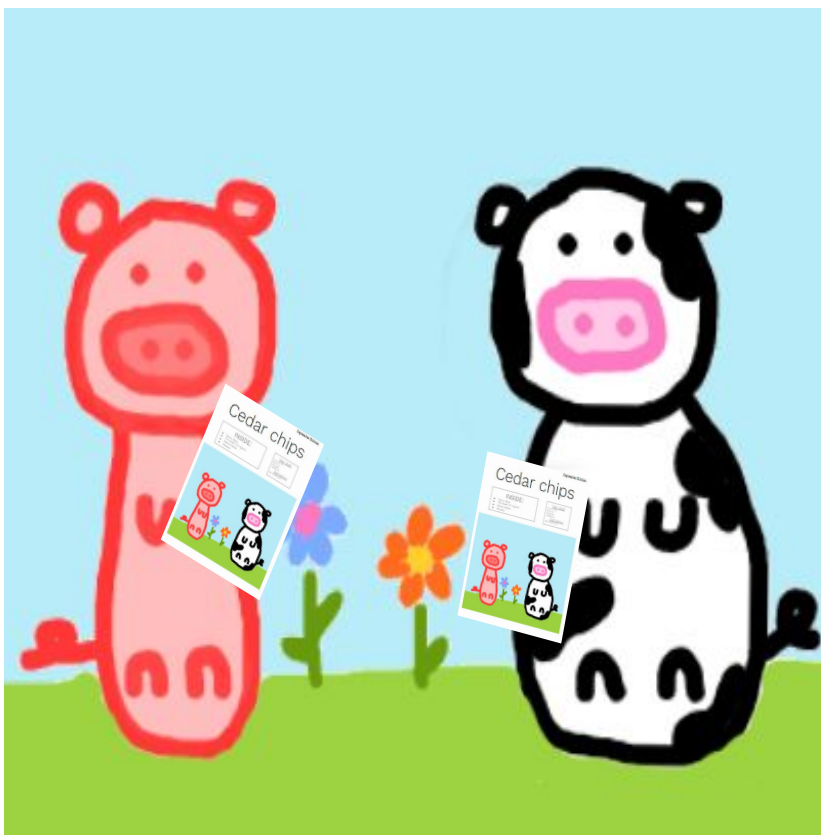
Take a moment to reflect...

How are you feeling?

Yes, you. How do you feel?

Your feelings are valid no matter how you feel, and it's okay to not feel good. If you or someone you know are going through a hard time, don't be afraid to ask for help. It's really hard to know what to do in many situations, especially when you're not safe. It can be pretty stressful at times, but I believe you are capable enough to get through anything.

I love, appreciate, and accept you. Don't ever think you're anything less than amazing. You are you. And you are beautiful inside and out. Everyone is.



Six Months of War: How did it Start? *By Patrick L.*

The Russian invasion of Ukraine is one of the most widely broadcast topics of 2022. Starting on 24 February, the war has devastated the country of Ukraine and has, albeit minorly, affected food supplies. This article tells about how this war started.

Disclaimer: These articles will use day/month/year format, so 01/03 means March 1, not January 3.

The Battle of Kyiv - 24/02-01/03

The primary goal of the forces entering the north from Belarus and the northern parts of the Russo-Ukrainian border was to rapidly seize Kyiv, the capital of Ukraine. Airborne forces engaged Ukrainians at Hostomel Airport, northwest of the city, capturing the airport the next day, and destroying the world's largest airplane in the process. Forces coming from Belarus were able to capture the abandoned Chernobyl Nuclear Power Plant and reached Kyiv on 25 February. Russian artillery shelled the city continuously for 30 minutes on the morning of 26 February. As well, heavy fighting occurred near the Kyiv Zoo, where Ukrainian Army forces defended an Army base on Prospect Peremohy, a major roadway in the city. On 26 February, Russian forces were only 31 kilometers (19 miles) from the City Center. Clashes between the Ukrainians and Russians continued on 27 February. During the night, Russian forces attempted to set up an operating base at Syrets Metro station, but this was met with a deadly confrontation from Ukrainian forces.

On 28 February, a convoy consisting of fresh Russian troops advanced towards Kyiv. However, little direct combat occurred between the convoy and Ukrainian forces, with only three missiles being fired at the city that day. Satellite images revealed the size of this convoy, at ~64 km (40 mi) long, carrying an estimated 15,000 soldiers on a highway towards Kyiv. The convoy would later stall approximately 30 km (19 mi) from the center of Kyiv. On 1 March, Russian missiles struck the Kyiv TV Tower and a Holocaust memorial in Babi Yar.

This information comes from credible sources.



Stand With Ukraine

NHL Free Agency Wrap Up

By Callahan R.

In July, the NHL RFA/UFA (unrestricted-restricted free agent) period began. This means that these players can initiate talks with other teams. This is also when teams can start trading players. I am going to analyze what happened and what effect it might have on the next season.

On July 13, the Ottawa Senators acquired Cam Talbot from the Minnesota Wild in exchange for Filip Gustavsson. This trade worked out well for both teams as Ottawa got to add an experienced goaltender to pair in net with Anton Forsberg. Talbot went 32-12-4 with a .911 save percentage. The Wild got to rid themselves of a disgruntled goaltender. In exchange, they got a younger goaltender with less of a cap hit and with a lower salary.

Also on July 13, the Carolina Hurricanes were able to add Brent Burns to their defensive roster from the San Jose Sharks. Brent Burns is a veteran with just shy of 20 years of playing experience. The Sharks get Steven Lorentz, Eetu Makiniemi, and a 2023 third-round pick.

The Carolina Hurricanes were also able to add forward Max Pacioretty from the Vegas Golden Knights. Pacioretty had 37 points in 39 games last season. He missed a large amount of last season due to a lower body injury. The Golden Knights were able to unload an older and injured player.

The Seattle Kraken got in on the action by acquiring Oliver Bjorkstrand from Columbus Blue Jackets in exchange for picks in the 2023 NHL Draft. Bjorkstrand was able to rack up 57 points in 80 games, which is a career high for him. He will greatly improve the Kraken's scoring power.

The Blue Jackets were able to sign unrestricted free agent Johnny Gaudreau from the Calgary Flames. This is probably the reason they had to get rid of Oliver Bjorkstrand, because Gaudreau will cost them a pretty penny.

The biggest trade was the Florida Panthers acquiring forward Matthew Tkachuk and a fourth-round pick in 2025 from the Calgary Flames in exchange for Jonathan Huberdeau, MacKenzie Weegar, Cole Schwindt, and a first-round pick in 2025. The Panthers got rid of quite a bit to acquire Tkachuk, but that will be well worth it. Tkachuk has plenty of room to grow at the age of 24 and put up NHL career highs in goals, assists and points. Huberdeau, with 115 points last year, had a great season, so both teams got their fair share of talent from this trade.

This NHL RFA/UFA period surely changed up the NHL and will definitely make the season more exciting.



What's that Dog Breed? *By Grayson M.*



Age: 10-12 years old

Weight: Female: 88–99 lbs (40–45 kg), Male: 99–110 lbs (45–50 kg)

Breed: Cane Corso

PERSONALITY

The Cane Corso is a stable, even tempered, intelligent and loyal dog. These dogs are constantly on alert. The Cane Corso is a fearless dog breed. They are reserved, quiet, and calm. This breed is NOT for beginners. They are very trainable if you know what to do. These dogs are family protectors.

HEALTH & GROOMING

Cane Corsos need a lot of attention, exercise and food. You should feed your growing pup raw food. For an adult Cane Corso, the raw food recipe should be: 80% muscle meat + 10% RMBS + 10% secreting organs = one healthy raw diet meal. If you want to add plant matter to your dog's diet, you should decrease the muscle meat down to 70% and add 10% of plant matter.

The grooming of Cane Corsos is important; proper baths using dog shampoo should be given every 4-7 weeks. Brushing both coat and teeth should be done at least 2-3 times a week. Clean the nose and mouth using cotton or a napkin every other day. Their nails need to be trimmed with a dog clipper every two weeks.

BREED HISTORY

The Cane Corso was the result of breeding an Italian and Neapolitan Mastiff. Due to their strong build and powerful bite, they were used for hunting and in war. In the 1970s, the breed was close to extinction, because people thought that the dogs were too aggressive. Today, this breed has been rescued, and Corsos are used both for protection and as pets in our homes.



Formula 1 Mid-Season Recap

By Callahan R.



We are on the F1 summer break and this is the halfway point of the season. I am going to be summing up the season as best as I can

Round 1 at Bahrain had Ferrari pick up their first win of the season and their first 1-2 finish since 2019. Red Bull had an abysmal start to the season with both of their drivers not finishing. Zhou Guanyu was able to get his first points in Formula 1 and Lewis Hamilton was able to finish on the podium.

Round 2 in Saudi-Arabia saw Lewis Hamilton exit qualifying in the first round. This race had the most DNFs (did not finish) this season thus far. Max Verstappen was able to win the race ahead of Charles Leclerc.

Round 3 took place in Australia for the first time since 2020. Leclerc was dominant in qualifying and the race, getting pole position (first) in qualifying and finishing the race first. Sergio Perez in the Red Bull was second and George Russell was able to pick up his first podium in F1. Max Verstappen was unable to finish due to an engine failure.

Round 4 at a rainy Imola set the stage for Max Verstappen to win the race. The Red Bull's would finish 1-2 with Lando Norris in the McLaren in third. Norris was able to pick up this podium due to Leclerc's mistake which cost him the podium. He would go on to finish sixth.

Round 5 was in the U.S. in Miami, Florida. Max Verstappen was able to finish first behind Leclerc in second and Carlos Sainz in third.

Round 6 was set in Spain. Charles Leclerc was leading from the start of the race but had a power unit (engine) failure and was unable to continue. The Red Bull's of Max Verstappen and Sergio Perez would again finish in first and second with George Russell picking up his second podium of the season. At the end of this race, Verstappen was able to pull ahead of Leclerc in the Drivers' Championship due to his DNF.

Round 7 was the infamous Monaco circuit. This was one of the more dramatic races of the season. The rain made the driving and strategies difficult and there were two red flags. Red flags mean the race is delayed due to weather or track conditions. Perez would come out on top and win in front of Sainz and Verstappen.

Round 8 in Baku was another bad weekend for Ferrari. Both drivers would be unable to finish. Red Bull would be able to rack up their third 1-2 of the season. Verstappen first, Perez second, and Russell third. Lewis Hamilton would finish fourth but had a lot of back pain and would need help getting out of the car.

Round 9 in Canada would go to Verstappen. Verstappen would have to hold off Sainz for the last 10 laps to win. Sainz would take second and Lewis Hamilton would pick up his first podium of the season.

Round 10 at Silverstone in Great Britain would be a great race. Sainz would take pole position and win from there. The most memorable moment would happen when Zhou Guanyu's car would flip after making contact with the Mercedes of George Russell. Perez would finish second and Hamilton would take his second podium in a row

Round 11 was in Austria. Leclerc would finally win another race with Verstappen in second and Lewis in third.

Round 12 in France would go to Verstappen with a Mercedes 2-3 with Lewis and George.

The Final race before the summer break would be at the Hungaroring. Verstappen would make his way through the field from tenth to first. Mercedes would get another 2-3 finish with Lewis ahead of George Russell.

The Constructors championship is Team standings. Red Bull is in first with Ferrari in second and is slowly getting caught by Mercedes in third. The drivers' championship is being led by Max Verstappen with a whopping 335 points. Behind him is the Ferrari driver Charles Leclerc.

It has been a great first half of the F1 season!

Mozzarella sticks, from your Italian Grandma's Kitchen

By Grayson M.



Ready in **20 minutes**

Serves **8 people**

764 calories

Prep time **30 minutes**

Cook time **10 minutes**

I grew up in an Italian family, Marinara sauce runs through our veins. I love cooking, and it's a great way to occupy yourself. Food is something that can bring people together. In my house everything on your plate will be gone. My GG is so happy to tell you all about her recipes. Stay tuned for more.

Ingredients

- 1 1/2 cups Italian-style dried breadcrumbs
- 1 1/3 cups freshly grated Parmesan
- 1 teaspoon salt
- 2 (16-ounce) blocks pasteurized mozzarella cut into 4 by 1/2-inch sticks
- 1 cup of vegetable oil
- 4 large eggs, beaten to blend
- 1 1/2 cups vegetable oil
- 4 cups Marinara Sauce
- 1/3 cup of milk

Preparation

1. Crack 4 large eggs into a bowl and beat until yellow.
2. Whisk 1/3 cups of milk and a teaspoon of salt into the bowl of whisked eggs
3. Put 1 1/3 cups of grated Parmesan cheese onto a plate
4. Pour 1 1/2 cups of Italian-style dried breadcrumbs into a bowl
5. Take a mozzarella ball, slice it into sticks (size of your choice),
6. Dip the mozzarella sticks into the egg mix, then the parmesan, egg again and then the crumbs. Repeat 3 to 4 times.
7. Freeze the sticks before deep frying them in oil
8. Heat oil in skillet and cook sticks for about a minute on each side, or until golden and before cheese starts to leak

Tips:

Use an air fryer at the end for an amazing crunch.

Coming Out in Today's World

By Waffles H.

Identities that describe who a person is/isn't attracted to include, but are not limited to, lesbian, bisexual, gay, queer, asexual, pansexual, and aromantic. This is referred to as the LGBTQ+ community.

Over time, people grew to be more accepting of homosexual people, but still to this day, there are people who still won't accept a homosexual person for who they are.

This is a human rights violation because we all have the right to marriage, safety, and life. Often, there is discrimination against the LGBTQ+ community. Some acts of discrimination include being denied the right to marriage, healthcare, and employment.

This is wrong, because everyone deserves to be treated with respect and kindness, even if others don't agree with a person's identity.

In our school, there are a number of students who are part of the LGBTQ+ community. Coming out is important to many people, and it's definitely not easy, especially because many people aren't as accepting as we would hope.

A large number of people often struggle to come out to people. Especially to their parents/guardians. I believe parents have this vision of what they want their child to be like one day, and when they find out it's different than what they expected, it can take a while for them to warm up to it.

We all wish our parents would say they would love and accept us no matter what, but that's often just not the way it is. That sucks and my heart aches for everyone that goes through this.

But remember, coming out is not for your friends, your parents, or anyone else. It's for you. I believe that everyone can love whomever they want, regardless of their gender or sexual orientation.

Be who you are, because you are amazing. Never let the hateful opinions of others get to you. You are better than they'll ever be. You're not the problem. You're amazing just the way you are. Spread your love!



Top Ten Must Watch NFL Games In 2022

By Callahan R.

Week 8: Packers at Bills

Week 1: Bills at Rams

Week 2: Chargers at Chiefs

Week 4: Chiefs at Buccaneers

Week 7: Browns at Ravens

Week 3: Packers at Buccaneers

Week 10: Cowboys at Packers.

Week 13: Broncos at Ravens

Week 14: Buccaneers at 49ers

Week 17: Bills at Bengals



Top 10 Things to do in Fall

1. Renaissance Festival
2. Rake Leaves
3. Spirit Halloween Shopping
4. Horror movie night
5. Corn Maze
6. Skip School
7. Apple Picking
8. Go Camping
9. Pumpkin Picking
10. Going to a football game



Britain's Longest Reigning Monarch *by Patrick L.*

On 8 September, 2022, at 17:30 UTC, in the Balmoral Castle in Scotland, Queen Elizabeth II, longest reigning monarch in British history and second in world history (for independent states), passed away at the age of 96. Her 70 year reign lasted through many historical events and 14 US Presidencies, with her meeting well known people from Dwight D. Eisenhower to Lady Gaga. She defined Constitutional Monarchy - a monarchy where the royal is a ceremonial figurehead.



Her Majesty Elizabeth II
12th Monarch of the United Kingdom
21 April 1926 - 8 September 2022

70 Years as Queen

Elizabeth ascended to the throne of the UK on 6 Feb. 1952, after the death of her father, George VI. Elizabeth's reign saw further transformation of the British Empire into the Commonwealth of Nations. With her accession, she was already queen of seven nations.

Four years later, when Britain and France unsuccessfully attempted to seize the Suez Canal from Egypt, naval officer Lord Mountbatten said the Queen was opposed to the war, although Prime Minister Anthony Eden denied it. When Eden resigned two months later, it was up to Elizabeth to designate who would be Prime Minister.

After consultations with Lords Salisbury and Kilmuir, the British Cabinet, Winston Churchill and the 1922 Committee, she appointed Harold MacMillan, the Chancellor of the Exchequer. However, seven years later, Macmillan resigned, advising the queen to appoint the Earl of Home, which she did. The Tories would later solve this issue in 1965.

The 60s and 70s saw acceleration to African and Caribbean decolonization. Over 20 nations gained independence during this time, although the Rhodesian prime minister was reluctant to leave the Empire, declaring Elizabeth as Queen of Rhodesia in 1965, a title she kept until 1970. Britain's ties to her colonies declined, but her ties to Europe strengthened, with the UK joining the European Communities in 1973.

In 1977, Elizabeth celebrated her Silver Jubilee, marking 25 years since she became queen in 1952. The following year, the Surveyor of the Queen's Pictures turned out to be a Soviet Spy, and the assassination of her in-law Lord Mountbatten by the Provisional IRA.

By the end of the 70s, Elizabeth was worried the crown had little meaning to Pierre Trudeau, Prime Minister of Canada. However, a bill that would have affected her role as Head of State of Canada failed, sparking interest in Elizabeth.

While riding her horse, Burmese, at the 1981 Trooping the Colour ceremony, five shots were fired at Elizabeth from close range. Her ability to control her mount was praised. The police would later discover the shots as blanks and then sentence the assailant to five years in prison; however, he was released after three. She was subject to another attack while visiting New Zealand that October.

There is more I haven't covered, simply due to the length of her reign and the amount of major events that happened during it. You can learn more about these online.

The Evolution of Beanie Babies

By Waffles H.



Beanie Babies are adorable stuffed toys made by Ty Warner. He founded Ty inc. in 1986 and made the first beanie baby in 1993.

Originally, there were nine beanie babies named Legs the Frog, Squealer the Pig, Spot the Dog, Flash the Orca, Splash the Whale, Chocolate the Moose, Patti the Platypus, Brownie the Bear, and Punchers the Lobster. Over time, more of them were created and sold.

Beanie Babies are unique from other stuffed animals because they are filled with plastic beans that make them feel very soft and flexible.

Early on, people would buy and collect tons of beanie babies in hopes of getting rich off of selling them in the future. Many people would collect beanie babies only to sell them on Ebay for thousands of dollars. So, others thought this would stay true in the future and all of their beanie babies would be worth a lot of money.

Beanie babies are also successful for their unique design and marketing strategies. For instance, in 1994, the royal blue elephant was released, and in 1995, Ty Warner changed the color of that elephant to light blue, making the royal blue elephant a retired beanie baby. This led people to re-sell the royal blue elephant for a lot more money because it was now rare.

Beanie babies also have spin offs such as beanie boos, beanie ballz, and mini boos. In 2009, the first beanie boos were invented. The seven originals were, Peanut the Elephant, Waddles the Penguin, Slush the Husky, Kiwi the Frog, Coconut the Monkey, Bamboo the Panda and Bubblegum the Koala.

In 2013, beanie ballz were first introduced online. When they launched, they were selling Avalanche, Bananas, Bandit, Bonsai, Dots, Flash, Speedy, Tumbles and Zips. Beanie ballz was different from the rest of the collection, because you could roll them around and they would always stop facing upward.

In 2018, mini boos were invented. These were mini versions of beanie boos. People liked these because they were so adorable. They also got popular because one time, McDonald's gave a mini boo in every Happy Meal.

Overall, Beanie Babies are super adorable. Even though they are quite old now, their cuteness will always be appreciated and important because there are now various versions of the once most popular stuffed animals.

Top #1 Cutest Cat - Meow Meow

It is scientifically proven that this is the world's cutest cat!!



20 Dogs With the Strongest Psi Bite Force *by Grayson M.*

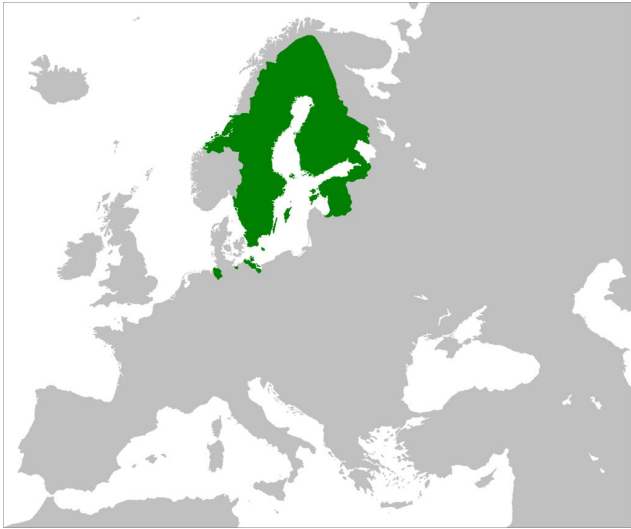
1. Kangal (743 psi)
2. Bandog(730 psi)
3. Cane Corso (700 psi)
4. Dogue De Bordeaux (556 psi)
5. Tosa Inu (556 psi)
6. English Mastiff (552 psi)
7. Presa Canario (540 psi)
8. Dogo Argentino (550 psi)
9. Leonberger (399 psi)
10. Rottweiler (328 psi)
11. American Bulldog (305 psi)
12. German Shepherd (238 psi)
13. Pit Bull (235 psi)
14. Boxer (230 psi)
15. Doberman Pinscher (228 psi)
16. Alano Espanol (227 psi)
17. Dutch Shepherd (224 psi)
18. Chow Chow (220 psi)
19. English Bulldog (210 psi)
20. Belgian Malinois (195 psi)

A Dog's Purpose *By Grayson M.*

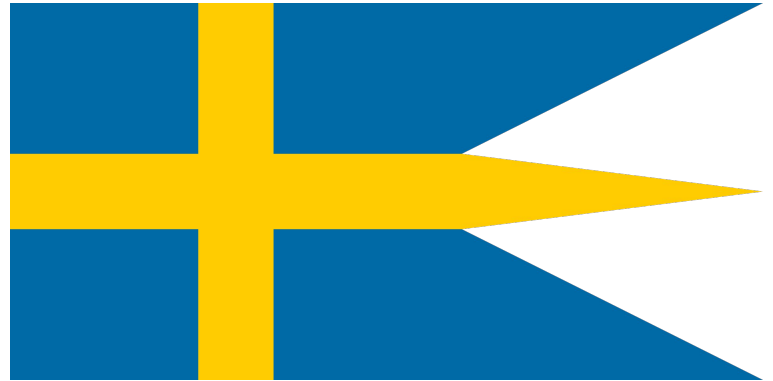


Dogs live shorter lives than us. They live the purpose to make us happy and feel safe. Dogs already know the meaning of live already. They sit around all day and eat what they can. Dogs are thankful for what they have. Some dogs don't have that luxury. We should cherish the dogs we have. They are cuddly love bugs that will always be there when you have a bad day. They need you as much as you need them. Love them, that's all they want. <3

Interesting History Facts *By Patrick L.*



Sweden was a Major Power in Europe for around 100 years.



The Kingdom of Prussia (German kingdom that unified Germany) once had a gay king.



The Dutch national anthem, *Wilhelmus*, is the oldest national anthem in the world, dating back to 1568-1572. However, it was only a *de facto* national anthem until 1932.



Back To School Word Search



G Y M Y R O W C N P S U R N C Y Z G E C G P Q W T
Y K Z K E W L I O F F W F H V S K C N Y R Q I A B
B C E I P C X Y W F M Q A I M R L N G O A G S A U
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Algebra
Apple
Backpack
Books
Breakfast
Chair
Classroom
Desk
English
Eraser
Geometry
Government
Graphite
Gym
History
Homework
Laptop
Locker
Lunch
Paper
Pencil
Science
Teacher
Writing

